



# **Clean Eating: Wholesome Desserts: Your Guide to Natural Weight Loss© with 100+ Delicious & Healthy Dessert Recipes (Clean Eating Desserts, Cookbook)**

*Sue Olive*

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**Fall in love with the Sweet, Creamy, Crispy, Crunchy textures of these Wholesome Desserts without having to worry about sugars.**

**Welcome to the Most Delicious and Enjoyable way to Lose Weight, Keep Healthy and stay in Fantastic Shape!**

Who says Clean Eating means no sweets?? I find ways to add a little sweetness into my life every day! In fact, these Desserts are way better than sugar filled, processed ones, just try one recipe and you'll be hooked!

These desserts are quick, simple and satisfying. They are also packed full of nutritious, metabolism-boosting and belly-fat-burning goodness!

Not to mention the added micro-nutrients, vitamins, minerals and superfoods in some of these indulgent little recipes.

## **Here Is A Preview Of The Delicious Recipes You Will Find In This Book:**

- Chocolate Layered Coconut Cups
- Pecan Blondie's
- Dark Chocolate Brownies
- Rich Almond Butter Cake & Chocolate Sauce
- Peanut Butter Cake Covered in Chocolate Sauce
- Spicy Pumpkin Ice Cream
- All-stars Peanut-Butter Cookies
- Chocolate Almond Brownies
- Hazelnut Biscuits with Arrowroot Tea
- Tartar Cookies
- Wild Strawberries Ice Cream
- Mini Lemon Cheesecakes
- Fudgy Slow Cooker Cake
- Strawberry Cheesecake Ice Cream Cups
- Buttery Pecan Delights
- Easy Choco Blueberry Squares
- Easy Jello Balls
- Raspberry Heaven Squares
- Chocolate-Walnut Squares
- Coconut and Matcha Truffles

**Each recipe has a FULL Nutritional Breakdown so you can keep track of your calories.**

★?★Start your journey to ultimate health and vitality today!★?★

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#### **Willie Alford:**

In this age globalization it is important to someone to acquire information. The information will make a professional understand the condition of the world. The health of the world makes the information better to share. You can find a lot of sources to get information example: internet, newspaper, book, and soon. You will see that now, a lot of publisher that will print many kinds of book. Typically the book that recommended for your requirements is Clean Eating: Wholesome Desserts: Your Guide to Natural Weight Loss© with 100+ Delicious & Healthy Dessert Recipes (Clean Eating Desserts, Cookbook) this book consist a lot of the information from the condition of this world now. This book was represented how can the world has grown up. The terminology styles that writer value to explain it is easy to understand. The particular writer made some exploration when he makes this book. That is why this book acceptable all of you.

#### **Emily Scott:**

As a college student exactly feel bored in order to reading. If their teacher expected them to go to the library or to make summary for some book, they are complained. Just minor students that has reading's soul or real

their leisure activity. They just do what the educator want, like asked to go to the library. They go to presently there but nothing reading critically. Any students feel that looking at is not important, boring in addition to can't see colorful images on there. Yeah, it is being complicated. Book is very important to suit your needs. As we know that on this time, many ways to get whatever we would like. Likewise word says, ways to reach Chinese's country. Therefore this Clean Eating: Wholesome Desserts: Your Guide to Natural Weight Loss© with 100+ Delicious & Healthy Dessert Recipes (Clean Eating Desserts, Cookbook) can make you really feel more interested to read.

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