



## Evidence-Based Practice Made Simple

*HCPPro a division of BLR, Marquette Flaugher ARNP-BC DSN, Suzanne C. Beyea RN PhD FAAN, Mary Jo Slattery RN MS*

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# **Evidence-Based Practice Made Simple**

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***Evidence-Based Practice Made Simple* demystifies the purpose, meaning, and application of evidence-based practice (EBP). It clarifies the difference between EBP and nursing research, explaining what EBP is, how nurses can find, analyze, and interpret published literature, and how they can make changes to hospital procedures based on research to improve patient care.**

In recent years, evidence-based practice has become increasingly important in the nursing profession as a result of the drive for better outcomes and higher satisfaction ratings, including value-based purchasing and HCAHPS. Nurses know that quality and outcomes improvement hinge on the use of proven techniques supported by evidence and that the health of the organization hinges on those improvements. As such, many nurses want to use research to find their own answers to clinical questions, but they don't know where to begin.

This book is the first step. Written for use in the busy workplace, it presents the basics of EBP in a non-intimidating, easy-to-digest format.

## **Benefits**

- An easy-to-read, yet professional introduction to EBP that will appeal to time-pressed nurses
- Expert advice packed into a small, approachable format
- Easy techniques to assimilate new, effective practices and get buy-in from peers, management, and the organization

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#### Chapter 2: Changing the Way We Have Always Done It

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#### Appendix B: Process for Evaluating Internet Sources

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