



Your Healthy Pregnancy with Thyroid Disease: A Guide to Fertility, Pregnancy, and Postpartum Wellness

Dana Trentini, Mary Shomon

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At minimum, 27 million Americans have thyroid disease. Despite being the majority of thyroid sufferers, women rarely know that thyroid problems increase their risk of pregnancy complications, including infertility, preeclampsia, miscarriage, premature delivery, and low birth weight. This awareness gap affects patients and doctors, who know little about the ramifications of an undiagnosed or under-treated thyroid condition on a mother and her unborn baby.

Founder of HypothyroidMom.com Dana Trentini and thyroid health advocate and bestselling author Mary Shomon have both endured challenges with pregnancies due to thyroid disorders. In *Your Healthy Pregnancy with Thyroid Disease*, they team up to give readers the answers they need. With personal stories and cutting-edge medical advice from leading health practitioners, the book explains how to recognize thyroid symptoms, get properly diagnosed/treated, manage thyroid problems during pregnancy, overcome thyroid-related infertility, and deal with postpartum challenges.



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Book is to be different for every single grade. Book for children right up until adult are different content. As we know that book is very important for people. The book Your Healthy Pregnancy with Thyroid Disease: A Guide to Fertility, Pregnancy, and Postpartum Wellness had been making you to know about other information and of course you can take more information. It doesn't matter what advantages for you. The book Your Healthy Pregnancy with Thyroid Disease: A Guide to Fertility, Pregnancy, and Postpartum Wellness is not only giving you a lot more new information but also being your friend when you sense bored. You can spend your own spend time to read your reserve. Try to make relationship while using book Your Healthy Pregnancy with Thyroid Disease: A Guide to Fertility, Pregnancy, and Postpartum Wellness. You never experience lose out for everything when you read some books.

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Paulette Preston:

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