



The Girl's Guide to NASCAR

Liz Allison

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NASCAR's foremost female authority provides the first guide for women to America's fastest growing spectator sport. From shopping to scanners and pit stops to parties, this fun and informative guide gives you everything you need to enjoy a race, whether at the track or in your living room. Insider Liz Allison will tell you all the ins and outs of NASCAR, uncovering the hidden rules and official calls made on any given race day. She answers nagging questions like why race cars don't have speedometers or doors that open, what the real deal is on restrictor plates, and how top drivers get to be where they are. Liz also reveals driver superstitions, how to survive a race weekend with kids, the Gentlemen's Agreement, how to tell if a driver is serious with his girlfriend, tips on throwing the perfect NASCAR viewing party, and much more. With this race-savvy guide, you will quickly become a knowledgeable fan with an inside edge on the sport that most of your male counterparts will lack-and have a few laughs along the way.

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