



# The Women's Guide to Motorcycling: Everything a Woman Needs to Know About Bikes, Equipment, Riding, and Safety

*Lynda Lahman*

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Recent statistics show that approximately 12 percent of motorcycle owners are women and that close to 25 percent of motorcycle riders are women. While it's still a male-dominated field, the number of female bikers has increased by more than 25 percent in just five years, showing that women have a strong presence on two wheels. In *The Women's Guide to Motorcycling*, author Lynda Lahman, herself a motorcycle owner and rider, provides a comprehensive look at motorcycling techniques, street smarts, and safety concerns while addressing female-specific challenges as well as issues that all bikers face from a female point of view.

### **INSIDE The Women's Guide to Motorcycling**

Anecdotes from female motorcycle enthusiasts, riders, and owners, including the author's own story

Women as a growing presence among riders, including notable names of the past and present

Motorcycle skills from basic to advanced, appropriate for bikers of all levels of experience and expertise

The physical and mental aspects of riding

Considerations for choosing a bike, such as seat height and weight distribution, and female-appropriate gear

A primer on proper maintenance and dealing with mechanical problems

Different types of riding, such as sport, racing, touring, long distance, and off road

Getting more out of the sport through involvement in clubs, forums, charity events, and mentoring new riders



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#### **Pamela Guarino:**

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#### **Sheila Searcy:**

Precisely why? Because this The Women's Guide to Motorcycling: Everything a Woman Needs to Know About Bikes, Equipment, Riding, and Safety is an unordinary book that the inside of the publication waiting for you to snap the idea but latter it will distress you with the secret it inside. Reading this book adjacent to it was fantastic author who have write the book in such awesome way makes the content interior easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you because of not hesitating having this ever again or you going to regret it. This book will give you a lot of positive aspects than the other book have got such as help improving your expertise and your critical thinking means. So , still want to delay having that book? If I have been you I will go to the book store hurriedly.

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With this era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become certainly one of it? It is just simple strategy to have that. What you have to do is just spending your time little but quite enough to enjoy a look at some books. One of many books in the top checklist in your reading list is actually The Women's Guide to Motorcycling: Everything a Woman Needs to Know About Bikes, Equipment, Riding, and Safety. This book and that is qualified as The Hungry Hillsides can get you closer in getting precious person. By looking right up and review this guide you can get many advantages.

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