



# **Crystals: 15 Tricks for Effective Crystal Healing and Balancing Your Chakras (Spirituality, Energy Healing, Stress Relief, Relaxation, Anxiety)**

*Linda Raymond*

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# Crystals: 15 Tricks for Effective Crystal Healing and Balancing Your Chakras (Spirituality, Energy Healing, Stress Relief, Relaxation, Anxiety)

*Linda Raymond*

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If you are looking for a way to heal yourself through the use of crystal energy, then you have come to the right place! In this book, we cover a number of things, such as the effectiveness of using crystals in your healing, and how this ties in with the knowledge of chakras. We cover the chakras in great depth, and go on to explain how crystal healing works, and how crystal meditation can change your life. If you have a passion for alternative medicine and are looking to heal your body and your soul, then this book might just be the right book for you! In no way should this replace the treatment, or advice of your medical doctors. You need to take this advice and use your personal discretion, or the advice of your medical doctor. Of course, we do not believe any of this information to be harmful, but each and every person is very different and medical conditions are individual. You should always seek proper treatment. The author of this book claims no responsibility for any action of the reader, in any way, shape or form.

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