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Brooke Burke**

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For over 15 years, top-name celebrities and athletes have been crediting their bodies to Gunnar Peterson and his challenging, wide-ranging routines. He has been featured on television and in major publications such as Glamour, Shape and Fitness for his innovative and functional approach to fitness. Gunnar is certified by the National Strength and Conditioning Association (C.S.C.S.) and the American Council on Exercise (C.P.T.) and is a graduate of Duke University.



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