



The REAL Skinny On Weight Loss Surgery: An Indispensable Guide to What You Can REALLY Expect!!

Julie M. Janeway

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Written for REAL people, by REAL people, about REAL stuff! If you're a REAL person considering weight loss surgery, this book will give you the right information to make the decision, whether or not it's REALLY right for you! If you've already decided on surgery, then we'll tell you what it's REALLY like to live day to day as a weight loss surgery patient, and how to find a good bariatric surgeon and multidisciplinary practice who'll help you live a healthier, happier life. Plus, the book is updated with REAL info on the LAB-Band procedure; REAL info on the gastric sleeve, sclerotherapy as an alternative to re-operation for weight gain, and other procedures and potential treatment options; REAL info about hidden costs related to bariatric surgery, and tips to deal with them; and REAL answers about skin issues, protein diets, co-morbidities, and other scary thoughts. No celebrity life stories. No unrealistic Hollywood expectations. Just real life experiences, tips, and information to help you make the decision that's right for you.



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