



# Learn to Sail Today: From Novice to Sailor in One Week

*Barry Lewis*

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# Learn to Sail Today: From Novice to Sailor in One Week

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*Sail your very first day on the water*

*Learn to Sail Today* offers a uniquely fun and quick method for beginners to learn exactly what they need to enter the fun and rewarding world of sailing. Written specifically to engage and reassure the uninitiated, this sailing primer covers the essentials step by step without overwhelming you with intimidating diagrams and long lists of sailboat parts.

This simple, intuitive guide uses dozens of informative illustrations along with clear explanations, free from unnecessary jargon, to put you confidently at the helm your very first day on the water. It walks you through everything you need to know to be a responsible sailor, from sail-trim theory and practice, safety, sailing etiquette, inspecting a boat, steering, and docking to sailing to another harbor and buying your first sailboat.



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