



# **Sometimes Amazing Things Happen: Heartbreak and Hope on the Bellevue Hospital Psychiatric Prison Ward**

*Elizabeth Ford MD*

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**From the Chief of Psychiatry for Correctional Health Services in New York City comes a revelatory and deeply compassionate memoir that takes readers inside Bellevue Hospital's forensic psychiatry unit and brings to life the world—the system, the staff, and the haunting cases—that shaped one young psychiatrist as she learned about respect, survival and our shared humanity.**

Elizabeth Ford went through medical school unsure of where she belonged. It wasn't until she did her psychiatry rotation that she found her calling—to care for one of the most vulnerable populations of mentally ill people, the inmates of New York City's jails, including Rikers Island, who are so sick that they are sent to the Bellevue Hospital Prison Ward for care.

These men were broken, without resources or support, and very ill. They could be violent, unpredictable, but they could also be funny and tender and needy. Mostly, they were human and they awakened in Ford a boundless empathy. Her patients made her a great doctor and a better person.

While Ford was a psychiatrist at Bellevue she became a wife and a mother. In her book she shares her struggles to balance her personal and professional lives, to care for her children and her patients, and to maintain the empathy that is essential to her practice—all in the face of a complex institution, an exhausting workload, and the deeply emotionally taxing nature of her work.

Ford brings humor, grace, and humanity to the lives of the patients in her care and in beautifully rendered prose illuminates the inner workings (and failings) of our mental health and criminal justice systems.

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Spent a free time to be fun activity to try and do! A lot of people spent their free time with their family, or their own friends. Usually they performing activity like watching television, likely to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? Can be reading a book might be option to fill your no cost time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to try look for book, may be the e-book untitled Sometimes Amazing Things Happen: Heartbreak and Hope on the Bellevue Hospital Psychiatric Prison Ward can be excellent book to read. May be it is usually best activity to you.

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