



A Clinical Guide to Chinese Herbs and Formulae, 1e

C. Song Yu, L. Fei

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A clinical handbook for practitioners of Traditional Chinese Medicine (TCM) that provides quick and easy reference to the selection of herbs for treatment and their action alone and in combination. This is a handbook from two eminent teachers from the Nanjing College of Traditional Chinese Medicine who have between them accumulated over 60 years of clinical practice and teaching. They emphasise how to combine herbs and differentiate between single herbs and formulae depending on the treatment strategy adopted. It contains case histories illustrating how to adapt formulae in practice.

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