



My Tuscany: Recipes, Cuisine, Landscape

Lorenza de' Medici

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My Tuscany: Recipes, Cuisine, Landscape Lorenza de'Medici

Blending personal narrative, regional recipes, and breathtaking photography, celebrated cook Lorenza de'Medici takes us on a journey, province by province, through her native Tuscany. Along the way, she offers marvelous depictions of the region's towns and villages, anecdotal accounts of local customs, and tasting notes on local wines. Of course, lavish attention is given to the prodotti tipici—Tuscany's culinary treasures—and there are 30 authentic recipes, all photographed in Lorenza's own Siena kitchens. Enhanced with 120 color photos, this is a book for anyone who has ever visited Tuscany and fallen in love with its landscape, its food, and its people. Lorenza de'Medici, author of 30 Italian cookbooks and former host of a popular PBS Television series, now runs the famous Tuscan cooking school The Villa Table at Badia a Coltibuono.

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