



# The Impact of Technology in Sports

*Matthew Anniss*

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## **The Impact of Technology in Sports** Matthew Anniss

How have science and technology helped today's athletes and sportspeople perform better for longer? And how could this change in the future? From the development of carbon fibre composites for para-athletes to improvements in sports nutrition, our performance in competitive events has been vastly improved by contemporary science and technology. This book looks at historical, current and emerging examples of sport technology. We look at technology in training, athletic performance, sports nutrition, sports equipment, sports medicine and how sport is shown on TV.

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