



To Hell and Back: an Autobiography

"Meat Loaf", David Dalton

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Meat Loaf's bizarre and spectacular life story is scarcely credible. After surviving an abusive childhood, during which he was almost murdered by his alcoholic father, he starred in one of the biggest stage and film musicals ever, then went on to record the third best-selling album of all time. To Hell and Back is the true story of a man who ran away from a cruel home life at 17 and starred in the legendary Rocky Horror Picture Show before turning to rock 'n' roll. His first album, Bat Out Of Hell, was considered so uncommercial by his first record label that they dropped him - only for it to go on to sell 20 million copies worldwide. He then spent the 1980s on the skids, with a severe drink and drugs problem and mounting money problems leading him to a nervous breakdown, before making a triumphant comeback with 1993's album Bat Out Of Hell II and colossal hit single 'I'd Do Anything For Love'. This is an extraordinary story and a classic rock autobiography.

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