



The Newcastle Guide to Healing with Gemstones: How to Use Over Seventy Different Gemstone Energies

Pamela Louise Chase, Pamela Louise Pawlik, Jonathon Pawlik

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Balance the energy body...step-by-step. Learn how to add the focused power of the mineral kingdom to enhance self healing and help others to heal.

In their book, The Newcastle Guide to Healing with Crystals, Chase and Pawlik cover how and why to use the broad-spectrum effects of clear quartz crystals.

Now they focus on the specialized effects of over 70 gemstones and how to use them separately and in combination to balance the physical, emotional and spiritual body.

This detailed and practical guide includes over 25 specific chakra layouts, the use of sound to amplify the gemstones' healing power, and combining gem essences with personal affirmations. Also there is important new information channeled from the Devas of the individual gemstones which gives the reader access to a more direct spiritual connection to the stones.



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