



Adult Coloring Journal: Co-Dependents Anonymous (Sea Life Illustrations, La Fleur)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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Adam Schneider:

The publication untitled Adult Coloring Journal: Co-Dependents Anonymous (Sea Life Illustrations, La Fleur) is the guide that recommended to you to learn. You can see the quality of the guide content that will be shown to you. The language that article author use to explained their way of doing something is easily to understand. The copy writer was did a lot of analysis when write the book, so the information that they share to you personally is absolutely accurate. You also could possibly get the e-book of Adult Coloring Journal: Co-Dependents Anonymous (Sea Life Illustrations, La Fleur) from the publisher to make you more enjoy free time.

Lisa Langlais:

On this era which is the greater particular person or who has ability in doing something more are more important than other. Do you want to become considered one of it? It is just simple strategy to have that. What you need to do is just spending your time very little but quite enough to experience a look at some books. One of the books in the top record in your reading list is definitely Adult Coloring Journal: Co-Dependents Anonymous (Sea Life Illustrations, La Fleur). This book which can be qualified as The Hungry Hills can get you closer in growing to be precious person. By looking way up and review this reserve you can get many advantages.

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