



Coping Successfully with Your Hyperactive Child

(Overcoming common problems)

Paul Carson

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This practical and easy-to-read guide is for anyone whose child is or might be hyperactive. It sets out the symptoms of hyperactivity, how to distinguish them from other illnesses, and explains its causes. Included is a step-by-step method of testing for food allergies and changes in diet, and other possible therapies are listed. Details of hyperactivity support groups are also given.



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