



Bipolar Expedition (Volume 1)

Nigel Harris Price

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Nigel Price writes with searing honesty about his life experiences, starting with a privileged childhood in England followed by diagnosis with Type 1 Bipolar Disorder in his teens. Like many bipolar individuals he has a strong creative streak. A Bachelor's Degree with Honours in Three Dimensional Design led to Nigel working as a designer and fabricator of precious metals, producing many fine pieces. In his twenties in the USA he joined a cult, very nearly resulting in the end of his life via suicide. After returning to the UK, his onward passage through life hit stormy seas, for he was Sectioned under the Mental Health Act on numerous occasions. This resulted in extensive stays in various institutions. However Nigel refused to be beaten. He took up his craft once more, and embraced the Welsh side of his heritage. His Phoenix-like resurgence following his move to the Welsh valleys has led to the completion of some remarkable pieces of work in silver and gold, and a renewed interest in teaching and music.

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