



# **Journey of Self: Six Months in the Japanese Countryside**

*Nate Golon*

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## **Journey of Self: Six Months in the Japanese Countryside** Nate Golon

Exhausted, broke, and brokenhearted from the breakup with his longtime girlfriend, author Nate Golon sells everything he owns and takes a job teaching English in a small country town, Arida, in Wakayama Prefecture in southern Japan. Unfamiliar with the language, history, and customs of Japan, Nate finds adventure, friendship, and spirituality in the Japanese countryside, and along the way, he finds himself.

**Journey of Self: Six Months in the Japanese Countryside** is an introspective and transformative fish out of water tale, about the importance of taking the road less traveled, and being open to new experiences. Those who may think of Japan only in relation to Tokyo and Kyoto will discover there are many beautiful, rarely visited areas throughout Japan, waiting to be explored.



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