



# **Hands of Life: Use Your Body's Own Energy Medicine for Healing, Recovery, and Transformation**

*Julie Motz*

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## **Hands of Life: Use Your Body's Own Energy Medicine for Healing, Recovery, and Transformation**

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A revolutionary book by a pioneering healer, **Hands of Life** takes energy medicine where it has rarely gone before--into the operating room--as Julie Motz reveals the true healing power of the body and puts it in the reader's very own hands.

As one of the first nontraditional healers allowed to work in an operating room, Julie Motz harnesses the body's own energy to help patients survive risky operations, such as heart transplants and cancer surgery. Now she shares remarkable case studies of healing, recovery, and transformation--and gives readers step-by-step guidance on accessing one's own innate healing energy.

Treating the body and spirit as an interconnected whole, Motz explains her breakthrough form of healing, the ultimate synthesis of Eastern holistic healing and Western medicine. She shows how strong emotion affects our bodies, creating energy imbalances that can lead to illness if unaddressed, and illustrates how we can heal.

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#### **Catherine Almond:**

Reading can called brain hangout, why? Because if you are reading a book particularly book entitled Hands of Life: Use Your Body's Own Energy Medicine for Healing, Recovery, and Transformation your thoughts will drift away trough every dimension, wandering in every single aspect that maybe mysterious for but surely can be your mind friends. Imaging every single word written in a publication then become one web form conclusion and explanation that maybe you never get just before. The Hands of Life: Use Your Body's Own Energy Medicine for Healing, Recovery, and Transformation giving you one more experience more than blown away your mind but also giving you useful data for your better life in this particular era. So now let us present to you the relaxing pattern is your body and mind are going to be pleased when you are finished studying it, like winning a casino game. Do you want to try this extraordinary investing spare time activity?

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As a scholar exactly feel bored to help reading. If their teacher requested them to go to the library in order to

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