



Human Energetics in Biological Anthropology

(Cambridge Studies in Biological and Evolutionary Anthropology)

Stanley J. Ulijaszek

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Many aspects of human activity involve energy transfer of some type. Human Energetics in Biological Anthropology examines some of the ways in which measurements of energy intake, expenditure and balance have been used to study human populations by biological anthropologists and human biologists. The book provides an integration of human adaptation and adaptability approaches, placing these issues in an ecological context by considering traditional subsistence economies in the developing world. This is the first volume to present such an integrated approach, and will be useful in the teaching of biological anthropology, human population biology, nutritional anthropology, and third world nutrition at senior undergraduate and graduate student level.



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