



It's So Good!: 100 Real Food Recipes for Kids!

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A unique cookbook that includes more than one hundred recipes for "little chefs." Each recipe contains a list of ingredients, detailed cooking directions, a photo of the finished dish, and "tips from the chef!" Most of the recipes feature fruits and vegetables to ensure children are eating nutritious foods.

Nevin Martell has been writing about food and culture for more than a decade and a half. His work regularly appears in the *Washington Post*, *Wine Enthusiast*, *Cheese Connoisseur*, *Plate*, and CityEats.com.

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