



Game Sense: Pedagogy for Performance, Participation and Enjoyment (Routledge Studies in Physical Education and Youth Sport)

Richard Light

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Game Sense is an exciting and innovative approach to coaching and physical education that places the *game* at the heart of the session. It encourages the player to develop skills in a realistic context, to become more tactically aware, to make better decisions and to have more fun. *Game Sense* is a comprehensive, research-informed introduction to the Game Sense approach that defines and explores key concepts and essential pedagogical theory, and that offers an extensive series of practical examples and plans for using Game Sense in real teaching and coaching situations.

The first section of the book helps the reader to understand how learning occurs and how this informs player-centred pedagogy. It also explains the relationship between Game Sense and other approaches to Teaching Games for Understanding. The second section of the book demonstrates how the theory can be applied in practice, providing a detailed, step-by-step guide to using Game Sense in eleven sports, including soccer, basketball, field hockey and softball.

No other book explores the Game Sense approach in such depth, or combines theory and innovative practical techniques. *Game Sense* is invaluable reading for all students of physical education or sports coaching, any in-service physical education teacher or any sports coach working with children or young people.

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