



Many Paths, One Mountain: The Five Steps of the Spiritual Journey

Cheryl Marlene

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The tools, practices and ideas which fuel powerful and personal spiritual journey:

Many Paths, One Mountain

The Five Steps in the Spiritual Journey

Your spiritual journey is exploration and adventure into the best of who you are and can become. As you let go of out-dated belief, fear, expectation, and judgment, life as spiritual journey helps uncover your wholeness and balance, your truth, trust and love.

Spiritual journey embraces your heart, integrates your soul, and brings mind and body together as one. This book is a guide for your spiritual journey and practice. helping you navigate the five steps:

- **The Call:** Hearing Spirit within
- **Preparation:** Making room for Spirit to dwell
- **Initiation:** Receiving gifts of Spirit
- **Transformation:** Letting Spirit guide.
- **Integration:** Heart and mind as One with Spirit.

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