



# Nutrition and diet therapy;: Reference dictionary

*Rosalinda T Laguna*

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## **Nutrition and diet therapy;: Reference dictionary** Rosalinda T Laguna

Filling the need unmet by today's medical dictionaries, the new fifth edition of Nutrition and Diet Therapy Reference Dictionary, is the most comprehensive dictionary covering nutrition and diet therapy available for health care professionals. In this wide-ranging, authoritative volume, authors Laguna and Claudio cover all aspects of nutrition, including assessment, drug nutrient interactions, laboratory interpretations, enteral and parenteral nutrition support, community and public health nutrition programs, and nutrition throughout the life cycle. Much more than a dictionary, the word entries don't just define, but include the main reasons for suggested nutrition therapy and dietary guidelines, foods allowed, and avoided. Coverage includes such topics as nutrition and the immune system, phytonutrients, functional foods, alternative medicine, and the new standard for dietary reference intakes.

Special features of the Dictionary are entries on 160 different diets; nutrition therapy for more than 360 disorders, including inborn-errors of metabolism; 170 drugs and their effects on nutrition; and more than 150 nutritional products with their main uses and composition. Of particular importance are topics of public health concerns for the second millennium, and dietary recommendations for prevention of major degenerative diseases such as obesity, coronary heart disease, hypertension, diabetes mellitus, and cancer. The extensive Appendices include over 50 tables, forms, and charts that enrich the word definitions and serve as essential reference aids for the health care professional.

With more than 3,200 carefully selected entries, the new fifth edition includes 700 new terms and more than 600 revised and expanded definitions. Terms have been meticulously chosen based on their frequency of use and importance in nutrition. All practitioners in the fields of nutrition and dietetics, as well as educators, students, and others interested in nutrition will find the updated, new edition of Nutrition and Diet Therapy Reference Dictionary a compact, handy, yet comprehensive reference tool covering almost all aspects of nutrition and dietetics.

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