



# Combat Hapkido: The Martial Art for the Modern Warrior

*John Pellegrini*

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## **Combat Hapkido: The Martial Art for the Modern Warrior** John Pellegrini

This guidebook brings the classical art of hapkido into the modern world. Providing real-life tactical know-how, this manual discusses the evolution of hapkido into a modern art for self-defense as well as the key principles behind the contemporary system. Focusing on empty-hand techniques, this thorough reference illustrates effective defenses against strikes, kicks, grabs, chokes, knives and guns. By offering classical concepts in a contemporary way, this resource demonstrates why hapkido is effective for practitioners of all skill levels—including military and law enforcement personnel—for self-defense.



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