



Collection or Contortion?: Exposing the Misconceptions and Exploring the Truths of Horse Positioning and Bend

Gerd Heuschmann

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Ten years ago, Dr. Gerd Heuschmann rocked the equestrian world with his international bestseller TUG OF WAR, a searing indictment of modern training and riding techniques that are sometimes used to the detriment of the horse. Now Dr. Heuschmann returns with this new book: a critical examination of two concepts—flexion and bend—that are necessary to understand in absolute terms when the goal is to achieve collection on horseback.

Citing the many masters of classical dressage who wrote essays and even entire books about flexion at the horse's poll and longitudinal bend of the horse's body, Dr. Heuschmann strives to conflate the often complex classic literature with the results of his own studies as an expert in equine anatomy and biomechanics, supporting his explanations with precise illustrations and numerous photographs. The outcome is a book that finally makes the concepts of flexion and bend—and ultimately, collection—easy to understand, promising more correct, conscientious riding, better results in training and competition, and happier, healthier horses in the long run.



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