



## The Pursuit of Happiness After a Divorce

*Tasha Mayes Brookman*

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## **The Pursuit of Happiness After a Divorce** Tasha Mayes Brookman

1:2 Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth." I am just a regular person who will explain how I found help during the most chaotic time in my life: a time when I was hopeless and a cracked vessel. I pray that you may be able to use the tools and exercises provided to help you find peace in your life. I wrote this book to teach people how to find help for their problematic marriage, separation and divorce. Please use my story as a tool to help you identify the red flags that might appear in your relationship. I want to help you identify the problems and address them with solutions. This book will help you move forward with your relationships for a positive future outcome. I will help you expose the excuses and lies and help you discover the truth regarding your relationship. You will meditate on your current relationship and learn how to become healthy and successful. Stop finding excuses to stay in a chaotic marriage and start taking the steps required to fix it. I believe that if you seek the truth it will set you free. If you ask for something and earnestly look for it, you will find your answer. Do you want to find the truth or do you want to keep walking blindly into chaos? A long time ago I chose to be blind to many things and settled for less than I deserved. My goal now is to help people heal and find hope and peace inside their chaotic world. I hope my story helps you find help from within and with God or a higher power. I hope these exercises will help people who do not currently have a support group. They will teach you how to find and create a support group to lean on. I believe that we are not supposed to carry our burdens alone. I believe that God has a plan, and his plan is not to harm or forsake you, but to give you a prosperous life. This book is for all of those who have struggled with the same issues as me. I just want to let you know that you are not alone. I have been where you h

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