



# Tinnitus: The Complete Self-Help Guide

*Bill Habets*

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# Tinnitus: The Complete Self-Help Guide

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## **Tinnitus: The Complete Self-Help Guide** Bill Habets

The book contains a wealth of information on Tinnitus - what causes unwanted noises, how to deal with them, ways to relieve symptoms and preventative measures you can take. The book provides up-to-date information on natural alternative and medical remedies that can bring relief.

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